

Are you making the most of your Savings & Discounts?

Five top tips to save

- 1 Check Help@hand regularly for the latest deals, including:**
 - + Discounts to reduce weekly shop costs
 - + Travel and holiday offers
 - + Fuel discounts
 - + Reduced price days out, from cinema tickets to theme parks
- 2 Purchase discounted gift cards**
Check for your favourite retailers and restaurants before you buy
- 3 Find local deals**
Use your postcode to search near you
- 4 Get financial advice from experts**
Support your personal financial goals
- 5 Be a savvy shopper**
Stack offers to save even more
 1. Use a deal code to select your desired purchase, checking the reduced price
 2. Then purchase a discounted gift card for the reduced amount
 3. Complete your purchase using the gift card



Scan for App Store and Google Play, or search 'Help@hand' to download to app

Help@hand connects employees of Unum customers to third party specialists who can help manage their health and wellbeing, and that of their family. Access to the app and service is facilitated at no cost by Unum. Unum is not the provider of the Help@hand service, but retains the right to withdraw or change the service at any time. Available to UK residents only.

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