

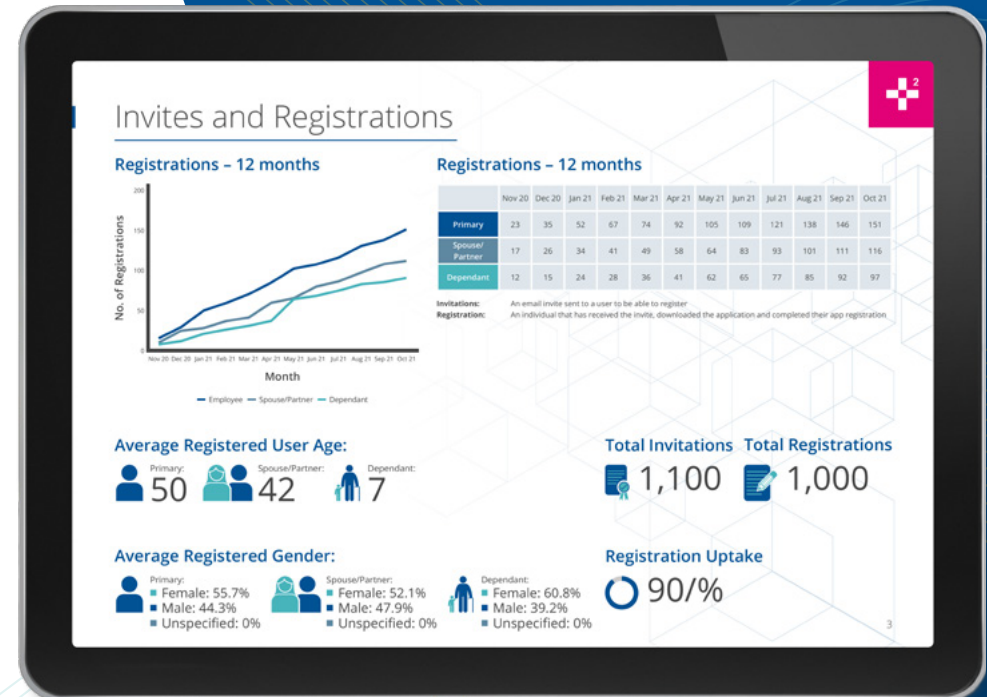
# Help@hand Insights Report

## On-demand insights into your employees' health and wellbeing

- + Discover how your employees are utilising the Help@hand services and bespoke your health and wellbeing strategy to meet the needs of your people
- + Detailed data breakdown by service, health issue and more, providing a comprehensive overview of the service delivered via Help@hand
- + To ensure confidentiality, the Help@hand Insights Report is **only available when 50 or more employees have booked a consultation**



Help@hand  
from unum



For illustrative purposes only



To request your Employer Insights Report please email [help-at-hand@unum.co.uk](mailto:help-at-hand@unum.co.uk)

Report excludes Employee Assistance Programme reporting (this is provided separately via LifeWorks. Please contact your Unum consultant for further details).

Help@hand is a virtual, value-added benefit service which connects the employees of Unum customers to third party specialists who can help manage their health and wellbeing, and that of their family. Access to the service is facilitated by Unum at no cost to the Unum customer. Unum is not the provider of the service, but can withdraw or change the service at any time. The service is entirely separate from any insurance policy provided by Unum and is subject to the terms and conditions of the relevant third party specialists. There is no additional cost or increase in premium as a result of Unum making this benefit available.

Unum offers access to the Help@hand services provided by third parties. Remote GP, second opinion, mental health support and physiotherapy are provided by Square Health via their Help@hand app. Square Health Limited, registered in England and Wales Number 07054181. Crown House, William Street, Windsor SL4 1AT.

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[unum.co.uk/employer/help-at-hand](https://unum.co.uk/employer/help-at-hand)