

Making the most of your Group Critical Illness cover



unum®

Are you accessing all the support and resources?

Critical Illness cover can provide financial reassurance to employees. As a Unum Group Critical Illness policyholder you and your employees can access a range of health and wellbeing support at no additional cost. These are services that are designed to make life easier, keep staff healthy, managers up-to-date on workplace health and wellbeing and provide key support during difficult times.

‡ Eligible family members include partner and children up to 18, or up to 24 if in full-time education.

++ For mild to moderate issues. Number of sessions subject to clinical appropriateness.

1

Cancer Pathway

Quick and easy access to cancer support for you and your employees upon diagnosis, through treatment and after treatment – whenever it's needed.

- contact with a health professional within 48 hours of reaching out to us
- a pathway tailored to individual needs

Cancer Support Service

Employee support from Reframe Cancer*, an award-winning provider of personalised cancer support.

2

Help@hand*

Award-winning app, providing total health and wellbeing support with high quality, personalised services and everyday lifestyle assistance that make a real difference – all in one place, for employees and their eligible family members.‡

Including:

- + unlimited mental health support**
- + physiotherapy
- + second medical opinion
- + 24/7 remote GP appointments
- + 1-2-1 lifestyle coaching

Employee Assistance Programme

Plus, employee assistance programme (EAP) services fully integrated in the Help@hand app.

- + 24/7 helpline
- + financial support
- + legal support
- + wellbeing resources
- + savings and discounts

Selected services are also extended to uninsured employees.



3

Interactive wellbeing calendar

Accessible through the Help@hand app and providing wellbeing content and regular events such as:

- awareness dates
- webinars
- podcasts

4

Workplace Wellbeing Hub

A huge array of wellbeing resources and support for your business and your people.

5

Return to work support

When the time is right, our in-house team of health professionals can work with you to support employees' return to work including:

- a telephone call to discuss the situation
- a framework for a return to work plan
- recommendations and next steps

Get in touch



6

Cancer in the Workplace training

Sensitively handles how and when employers can provide support to employees diagnosed with cancer.

Our online workshop walks you through modules looking at the physical and psychological side effects of cancer, and its treatment.

7

Legal support for employers*

Advice on a range of issues including employment, health and safety, intellectual property and debtor management.

Call our helpline on **0808 304 3698**.

Support is available between 8am to 8pm, on business days.



Group Critical Illness claims forms:

www.unum.co.uk/claims/group-critical-illness

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